

FACULTY PROFILE

1. Name : Dr. Meenakshi
2. Date of Birth : 19-04-1978
3. Department : P.G. Department of Psychology
4. Contact No. : 9123100519
5. E-mail ID : meenumesh78@gmail.com
6. Post Holding : Assistant professor
7. Date of Joining : 01-07-2017
8. Qualifications : M.A., Ph.D.
9. Your PAN/AADHAR : ALYPG3010D
10. Highest Qualification : Ph.D.
11. NET/SET : ~~Yes~~/No Year: 2013
12. Teaching Experience : a) 1st July 2017 onwards working as Assistant Professor, P.G
Department of Psychology, Magadh University, Bodh Gaya
13. Total Teaching Experience in years : 3 years 7 months
14. Membership of Professional Bodies/Societies (Please specify National/International)

a) Indian Academy of Applied Psychology

b) Indian Red Cross Society

15. Administrative Responsibilities Handled :

a) Assistant coordinator P.G.D.C.R from 26th May 2018 to 28th March 2019

16. Academic Responsibility :

a) National committees - None

b) International committees - None

c) Editorial Boards – Member of editorial board of Quarterly Newsletter of Magadh University

d) any other (please specify)-

1. Member of Innovation cell of Magadh University,

2. Member of Jan Sanchar Samooh of Magadh University

3. Member in Counter COVID-19 Paramarsh Prakoshth constituted by Magadh University

Bodhgaya

4. Actively contributed as member of organizing committees of various extracurricular activities of University

17. Faculty Development Programs attended:

a) Refresher Courses- a) Refresher course: 7 summer school(multidisciplinary refresher course) organized by UGC HRDC, BHU, from 16h January to 29 January 2021

b) Skill Development Courses-

1. Continuing Education Programme on Mediation, Moderation and conditional Process analysis conducted by IIT Patna during 17-18 May,2019
2. FDP on 'e content development', 5th June 10th June 2020 IQAC Shri Pancham Khemraj Mahavidhyalaya, Savantvadi, University of Mumbai
3. Advanced English for Academic Delivery in specific stream from 8th June 2020 to 12th June 2020 from Amity Institute of English studies and Research Amity University Patna in collaboration with IIT Patna and English Language Teacher's Association of India.
4. Development and Management of MOOCS and Online Courses using LMS-Moodle from 30 June to 4th July 2020 from GAD- TLC,SGBT Khalsa College University of Delhi under PMMMNMTT of MHRD
5. Advanced Course for developing MOOCS from July 02 - July 17,2020 from TLC Ramanujan College University of Delhi sponsored by Ministry of HRD PMMMNMTT
6. Construction of psychological Tools from 24th July to 28th July 2020 organized by National Psychological Corporation Agra in collaboration with Abhilashi university Mandi (H.P.)
7. Developing Multimedia enriched powerful presentations from August 11 to August 16 ,2020 from GAD- TLC,SGBT Khalsa College University of Delhi under PMMMNMTT of MHRD
8. Quantitative method for data analysis from August 12-August 25, 2020 from TLC Ramanujan College University of Delhi under PMMMNMTT of MHRD
9. Development of Teacher's e-kit and MOOCs in Four Quadrant format of e-content from 12-20 September 2020 GAD-TLC,SGBT Khalsa College University of Delhi under PMMMNMTT of MHRD

c) Training Programs (Academic Staff College)- 83th orientation programme organized by UGC-HRDC, Patna University, Patna, from 7" November 2019 to 27" November 2019

d) Others- Applied Psychological perspectives of well being :S.P.E.E.D. 22ndJune 27th

June, 2020, Amity University, UP

18. Research & Research Project (Minor/Major): NIL

- a) Minor Project-
- b) Major Project-
- c) No. of Ph.D. guidance-
- d) No. of M. Phil. Guidance-
- e) Details of Students working in the project-
- f) Any other-

19. Inter-institutional collaborative projects and associated grants received- NIL

- a) National collaboration-
- b) International collaboration-

20. Details of Publication (with Impact factor & No. of citations)

- a) Journal / Research paper published-

1. Impact of Adjustment on creativity among the adolescents. Wisdom Herald, Volume IX, Jan-March 2018, Pg No.337-340.ISSN:2231-1483.
2. Family climate influencing Women's Stress, Mental Health and Life satisfaction Hindustan Review, Volume-78.Jan-March ,2018 Pg. No.126-131.ISSN:0972-1894.
3. Relationship between Emotional Intelligence and academic achievement Indian Journal of Human Relations, Volume 52, Issue-2,July-Dec 2018,Pg No.47-54. ISSN 0974-1089.
4. Mental Health amongst Adolescents in context of their aggression Anxiety and Adjustment Jigyasa, Volume 11 September 2018 Pg No.53-57.ISSN 0974-7648
5. Adjustment in context of Extroversion, Introversion and Neuroticism Anukriti , Volume 9.No.4April 2019 Pg. No.39-42 ISSN:2250-1193

6. Mental Health and Life satisfaction amongst adolescents in context of Sex Role Orientation. Ideal research review Volume-IV September 2020,Pg No. 12-17.ISSN:0973-0583

7. Shyness between Working and Home Making Women in Context of Working status, Sex-Role Orientation and Mental Health. International research Journal of Commerce, Arts and science Volume 11 Issue 8,(Aug, 2020),Pg No.168-171.ISSN:2319-9202

b) Book Authored-

c) Book Edited-

d) Any other publication-

e) Articles-

f) Details of patents and income generated-

g) h-index -

h) Citation Index – range / average :

i) Impact Factor – range / average :

21. Conferences/Seminar/Workshop

a) Conference Attended :

1. Online conference on covid-19 fake news on social media new challenges and managing our mental health Held on 25th April 2020 conducted by Veer Bahadur Singh Purvanchal University Jaunpur Uttar Pradesh

b) Conference Proceedings :

1st National conference 15th - 16th March 2019 Theme Role of Technology in innovative Teaching organized by Zulekha college of Education, Nagpur. Title of the paper Trends, Issues, Challenges and Transformations in Education Published by Aadhar Publication, Amaravati. ISBN:978-83-86623-61-1.

1. International webinar on systems values and humanity at the time of Global Global crisis. organised by Vimarsh Arya Mahila PG College , Varanasi on 11 May 2020
2. Two Days international webinar on Covid-19 information and its impact on society on 23rd and 24th may 2020 by internal Quality Assurance cell and department of sociology Shahid Hira Singh Government PG College Dhampur Chandauli UP India
3. One day National webinar on covid-19 counselling Neet in the changing scenario jointly organised by department of psychology SMD college punpun and RPS college Mokama on ... 18th June 2020
4. one day international webinar on impact of covid-19 on the mental health of the elderly ... jointly organised by IPSC and the department of psychology SMD college punpun on 19 July 2020
5. One day National webinar on Promotional avenues for teachers in higher education cash regulation 2018 organised by Guru Angad Dev teaching learning centre sgpt Khalsa College University of Delhi under GAD- TLC, SGBT Khalsa College University of Delhi under PMMMNMTT of MHRD on 5th September 2020

c) Seminar (National/International) Attended:

1. International webinar on systems values and humanity at the time of Global Global crisis. organised by Vimarsh Arya Mahila PG College , Varanasi on 11 May 2020
2. Two Days international webinar on Covid-19 information and its impact on society on 23rd and 24th may 2020 by internal Quality Assurance cell and department of sociology Shahid Hira Singh Government PG College Dhampur Chandauli UP India
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d) Paper presented in Seminar/Conference :

1. 'Psychology: A Journey' in National Seminar on Journey of Psychology organized by PG Department of Psychology, M.U. Bodh Gaya on 15th September 2017
2. Vipassana- Buddha's way of Health Living in one Day International Seminar on Scientific approach of Buddhism held on auspicious occasion of Bodh Mahotsava 2018 on 2nd Feb 2018
3. Meditation as preventive Practice in one Day International Seminar on Scientific approach of Buddhism held on auspicious occasion of Bodh Mahotsava 2018 on 2nd Feb 2018.
4. Aggression and perceived Intelligence in 5th International and 7th Indian Psychological Science congress on October 26-28, 2018 organized by NAPS-India and Dept of Psychology and Dept of Anthropology Punjab University, Chandigarh, India
5. Attitude towards rape victim among tribal and non tribal students in Prof. B.K. Singh Memorial Seminar 2018 organized by P.G. Department of Psychology, Magadh University, Bodh Gaya on 1st December 2018
6. Peer Acceptance an essential requisite of Developing Years in National conference on Human wellness : A Multidisciplinary Approach by P.G. Centre of Psychology, Gaya College Gaya on 20 and 21st December 2018
7. Trends Issues Challenges and Transformations in Education in 1st National Conference on the Theme Role of Technology in innovative Teaching organized by Zulekha college of Education, Nagpur on 15-16 March 2019

8. Development of SMHP for preventive and remedial mental health care in two days national seminar on Modern Perspectives of Positive Psychology and Health Management in India organized by Department of Psychology ,F.G.College Raebareli on 7th and 8th Feb 2020
9. Concept of Body Shaming : A study of movie 'Bala' in 64th All India English Teachers' Conference organized by PG Department of English ,M.U.Bodh Gaya on 6-8 Feb 2020
- 10.COVID-19 Pandemic:A study of effect on Lifestyle in National Webinar on India after Covid-19 Potential Threats, Challenges and Remedies organised by Department of Economics ,Gaya College, Gaya from 13 May to 14 may 2020
11. Coping Strategies for maintaining positive mental health during Covid-19 pandemic in National webinar on Effects of Covid-19 in the Indian context from may 16 to 18, 2020 organised by KGK PG College Moradabad
12. Mental health and wellbeing during covid-19 pandemic with reference to specific population in two days National International webinar on Covid-19 life challenges and strategies from may 18 to 19, 2020, organised by PG department of Psychology, Veer Kunwar Singh University, Ara in Association with Bhartiya manovigyan Parishad
- 13.Online education during covid-19 pandemic during National webinar on challenges and dilemma of online teaching programs ,24-25 May 2020 organised by Rashtriya Shaikshnik Mahasangh , Uttar Pradesh, Kashi Mahanagar
14. Covid-19 pandemic: Psychosocial issues of Homeless individual and Migrants in the two days International webinar on Covid-19 Psychosocial Issues and Opportunities organised by department of psychology RBBM college Muzaffarpur in collaboration with Bhartiya manovigyan Parishad on 31st May - 1st June 2020

e) Workshop :

1. Sensitization workshop for promotion pf Research in the universities of Bihar under the aegis of Raj Bhawan Patna on May 29,2019
2. Law, governance and management to combat COVID-19 pandemic issues and challenges 3rd June - 10th June 2020 Mahatma Jyotiba Phule, Rohelkhand University, Bareilly and

Prajana Parishad U.P

22. Awards/Recognitions/Medal :

23. ICT Knowledge : Yes/No

24. Mentoring :

25. Any other information :

a)Invited Lectures.

1. Delivered Lecture on the topic Adolescent Issues and Challenges : Identification and intervention on 3rd April 2019 in Ten Days National Workshop on child, Adolescent & Adult Psychology: Dilemmas Intervention & Newer Learning organized by Department of Psychology, Arya Mahila P.G. College, Varanasi from 27" March 2019 to 5th April 2019.
2. Delivered lecture on the topic' Personality Development of women in current scenario' on 5th March 2020 in the Department of Women studies Magadh University Bodh Gaya.
3. Delivered lecture on the topic . Coping strategies for mental health and well-being during COVID-19 pandemic' on6th June 2020. in one day National webinar organised by Vasant Kanya Mahavidhyalaya Kamachha Varanasi (admitted to the privileges of BHU).
4. Was moderator and resource person in all the 31 webinars organised as a part of Mental Health and well-being during COVID-19 pandemic: A webinar series from 15th April to 6th June 2020 ,by counter COVID-19 paramarsh prakoshth Magadh University, Bodh Gaya
5. Delivered lecture on the topic 'Body Dysmorphic Disorder & Mental Health' on 12 th December 2020 in One Day National Webinar on Psychological empowerment and mental health of college Girls organized by Feroz Gandhi College Raebareli.
6. Participated as Panelist in online Programme 'Spandan' organized by Esamaad Foundation on 7th Feb 2021

b)Additional training programmes

1. Online training in Mental Health and Psychosocial issues in COVID-19, from...

NIMHANS Digital Academy May 2020

2. Certificate course in Basics of Addiction Management (CeBoAM) from NIMHANS Digital Academy, June to October 2020

3. Diploma in Community Mental Health from NIMHANS Digital Academy, July to October 2020

4. Online courses during May/June 2020 from Open WHO-

I. Standard precautions, hand hygiene;

II. COVID-19 operational planning guidelines and COVID-19 partners platform to support country preparedness and response;

III. COVID-19 : how to put on and remove PPE;

IV. Introduction to GO data-field data collection, chain of transmission and contact follow .. up;

V. Severe acute respiratory infection treatment facility design;

VI. Infection prevention and control for novel Corona Virus;

VII. Emerging respiratory viruses including COVID-19, methods for detection, prevention, .. response and control;

VIII. Clinical care severe acute respiratory infection;

IX. e-PROTECT respiratory infections(EN);

X. Competency Based Learning : Introduction